

**Faculty of Mathematical Sciences  
University of Delhi, Delhi**



You are cordially invited to an enlightening virtual talk  
on the occasion of

*International Yoga Day*

Let's take a pause to realign our lives and seek within.  
Is there peace ? Is there a joy? Satisfaction?

If yes,  
Let's boost our immunity by joining this session.  
If not,  
Let's attain our self realisation to make a balance with our desires and actions

**Date: June 21, 2021 (Monday)**

**Time: 9:55 a.m.**

**Via Google Meet link: <http://meet.google.com/hws-kpdr-bgo>**

*Speaker:*



*Gaurav Srivastava*

*B-Tech Mechanical engineer & Bachelor's in Law*

*Hemant Kumar Singh*  
Department of Mathematics  
**Co-ordinator**

*Ruchi Das*  
**Dean**  
Faculty of Mathematical Sciences